



## MIXED VOLLEYBALL

Sunday 5<sup>th</sup> May 2024

Venue: Brecon Leisure Centre

(Entry Date: Monday 15<sup>th</sup> April 2024)

Entry Date: 15/04/2024
Last Amended: 14/03/2024
Withdrawal by: 29/04/2024

### ELIGIBILITY

A squad of twelve players, all of whom must be aged between 17 to 28 years on 1<sup>st</sup> September 2023, from whom six players (three male/female) shall be chosen to form the team for each game. Substitutions will be made by rotation, with a substitute coming off the bench to serve each time a new server is required. Competitors must be 17 on the 1<sup>st</sup> of September 2023 and may be 29 on the day of the competition.

### PROCEDURE

The competition will be played on a league basis. The teams shall be drawn into two leagues and matches will be run on a 'best of three sets' basis. The highest scoring team from each league will play the second team from the other league in a Semi-Final to determine the two teams for the Championship Game. The two losers in the Semi-Finals may play off for 3<sup>rd</sup> and 4<sup>th</sup> place if desired.

To note that the height of the nets should be 2.43m as stated in the Volleyball England Rules for a Senior Men's Competition, which is also used for Senior Mixed Competitions.

It is recommended that you play on a full Volleyball court. Due to the number of matches being played on the day of the Wales YFC Finals the competition is to be run using a timed format:

The timed format will be 3 sets, each of 8 minutes, teams win 3-0 or 2-1.

One time out is permitted per set when the first team reaches 8 points.

A rotation system will be in place where players rotate off and then rotate back on to serve.

When the whistle is blown to signify the end of the set, if the ball is in play the point shall be concluded and counted.

If the teams are tied at the end of the set, a final point will be played to decide the winner of that set.

If a player scores 3 successive serves the team will rotate but keep the serve.

If a team scores 6 successive serves they will pass the ball to the opposition, the score doesn't change.

Contact with the ball is allowed with any part of the body, the ball is allowed to strike the foot, but kicking is forbidden. A kick will result in a loss of a point.

Roles are not specialised to individual players.

The server is a backcourt player.



To provide a positive experience to the players we advise the use of reduced weight balls - Mikasa VS170W is recommended.

The Referee shall be the sole arbiter on points of dispute. The Rules of the Game of Volleyball will apply unless amended by this document.

A player who is "sent off" shall take no further part in that day's games.

All competitors must be suitably dressed.

**The Umpires decision is final.**



Entries to be submitted online by Monday 15<sup>th</sup> April 2024.

**WITHDRAWAL FROM COMPETITIONS**

Clubs/ Members are asked to notify the YFC Office of any withdrawals 5 days prior to a Competition. **PLEASE NOTE: All withdrawals from Club secretaries/Members must be made by email or by telephoning the YFC Office. If telephoning out of office hours, then a message should be left on the YFC Mobile phone.**

**Please Note:** That only members with up-to-date membership cards and are on the database in the YFC Office are eligible to compete. Members must apply online at least 5 Days before the competition.

**PLEASE NOTE:** If a member does not produce an up-to-date membership card at the competition, it will result in a £5.00 fine. The fine will be refundable only if they provide confirmation of membership within 7 days of the Competition.

**General Rules apply to all competitions alongside the competition's rules.**