

RULES FOR THE 2024 RALLY TO BE HELD ON SATURDAY 1<sup>ST</sup> JUNE  
HOSTED BY TROEDRHIWDALAR YFC

**PRE – RALLY COMPETITIONS**

**ALL Individual Competitions will be worth 25 Points**  
**ALL Team Competitions will be worth 50 Points**

**1. CLUB MINUTE BOOK**

To be handwritten or typed – from AGM 2023 – 30<sup>th</sup> April 2024. To include AGM Minutes and a copy of the Annual Accounts and Rally Competitions. Clubs are asked to place a post it note to indicate where the constitution and accounts are located. Members to be 28 years of age or under on the 1<sup>st</sup> of September 2023.

**Marking Scheme:** Presentation – 20; Format/ Accuracy – 70; Minutes Signed – 10; **Total – 100.** **[Please note that this a compulsory competition]**

**Closing Date: 4pm Friday 17<sup>th</sup> May 2024**

**2. CLUB REPORT FOR BRECKNOCK BEACON 2024.**

Club Reports must contain a minimum of 250 words and a maximum of 500 words, covering the period from April 2023 to the end of March 2024. [Please note that Club Officers listed will not be included in the number of words]. Please submit 3 photographs, if possible, which will be included in the Beacon, as this will add interest to your report and the Yearbook, no marks to be awarded for these. The report can be bilingual. Members to be 28 years of age or under on the 1<sup>st</sup> of September 2023. **Total- 100 Marks.** **[Please note that this is a compulsory competition as reports are needed for the Brecknock Beacon]**

**Closing Date: 12 Noon Tuesday 9<sup>th</sup> April 2024**  
**(1 entry allowed per Club)**

**3. CLUB SCRAPBOOK**

An individual or a team (28 years of age or under on the 1<sup>st</sup> of September 2023) **TASK:** To compile a club Scrapbook to depict a club's year, to incorporate press cuttings, photographs, work within the Community etc. **DISPLAY:** Half a trestle table will be available for the displaying of the Scrapbook. **NOTES:** It is emphasised that Club information is displayed throughout. **SCALE OF MARKS:** Cover Design - 20; Content - 80; **TOTAL – 100.**

**Closing**  
**Date: 4pm Friday 17<sup>th</sup> May 2024**  
**(1 entry allowed per Club)**

**(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)**

**4. RALLY 2024 POSTER**

A member 28 years of age or under on the 1<sup>st</sup> of September 2023, to design an A4 Poster, in any medium advertising the Rally. The poster **MUST** contain the words: **Brecknock YFC Rally and Barn Dance, Saturday 1<sup>st</sup> June 2024. Cwmbryn, Beulah, Llanwrtyd Wells, LD5 4UG. Hosted by Troedrhiwdalar YFC; Sponsor: Hay & Brecon Farmers.** It must also state: **No Dogs Allowed.** **Please Note:** Bilingual is optional. **Total Marks – 100 Marks.** **(The winning entry will be used to promote the 2024 Rally).**

**Closing Date: 12 Noon Tuesday 9<sup>th</sup> April 2024**  
**(No restrictions on number of entries per Club)**

**5. PROMOTIONAL SIGN**

Each Club is to build and erect a sign to promote the Rally and Barn Dance 2024. **The sign is to be erected no later than 12 Noon Sunday 28<sup>th</sup> April 2024.**

**Clubs to upload a photograph of their sign erected by the correct time.**

- a) The sign must contain the words: Brecknock YFC Rally & Dance; Cwmbryn, Beulah, Llanwrtyd Wells, LD5 4UG; Saturday 1<sup>st</sup> June; (Hosted by Troedrhiwdalar YFC – Optional). **Please Note:** Bilingual is optional.

RULES FOR THE 2024 RALLY TO BE HELD ON SATURDAY 1<sup>ST</sup> JUNE  
HOSTED BY TROEDRHIWDALAR YFC

- b) The Sign must also include the Hay & Brecon Farmers Logo, (these logos have previously been provided) which then can be fixed to the main Promotional Sign). **Please Note: The Hay & Brecon sign is not included in the measurements of the sign.**
- c) The sign must be made of weatherproof material.
- d) **Size recommendation:** No less than 1 metre by 1 metre and no more than 3 metres by 2 metres. Frames for signs not included in the measurements.
- e) The sign is to be erected in a prominent position but shall not be placed on a highway or roadside verge.
- f) Clubs to submit a map of the area or directions to the site of the sign (this is so that the Judge(s) can find it and a photograph of their erected sign for displaying on Rally Day to the YFC Office by **12 Noon Tuesday 30<sup>th</sup> April 2024.**
- g) Please note all Promotional signs need to be taken down no later than **Sunday 9<sup>th</sup> June.** Failing to do this will result in 50 points being deducted from the Clubs Winter Competition Marks for 2024-2025. **Total – 100 Marks.** [Please note this is a compulsory competition, clubs can claim up to £150 to help with costs, proof of receipts to be provided to be submitted to the YFC Office]

(No restrictions on number of entries per Club)

**6. SENIOR FARM/PLACE NAME SIGN**

A member 28 years of age or under on the 1<sup>st</sup> of September 2023 to make a sign beforehand. To create a Farm sign or Place name suitable for display on the farm entrance or in the village. It should not have been previously judged to be brought to the Rally and displayed. It should be weatherproof and readable at a distance; the sign can be made from any medium. Members must be available to answer questions from the Judges on the day.

**Total – 100 Marks**

(No restriction on number of entries allowed per Club)

**7. JUNIOR FARM/PLACE NAME SIGN**

A member 18 years of age or under on the 1<sup>st</sup> of September 2023 to make a sign beforehand. To create a Farm sign or Place name suitable for display on the farm entrance or in the village. It should not have been previously judged to be brought to the Rally and displayed. It should be weatherproof and readable at a distance; the sign can be made from any medium. Members must be available to answer questions from the Judges on the day.

**Total – 100 Marks**

(No restriction on number of entries allowed per Club)

**8. LIMOUSIN CATTLE STOCK JUDGING**

**(WHITE COATS TO BE WORN)**

A team of two members, one 28 years of age and under and one 18 years of age and under on the 1<sup>st</sup> of September 2023. **TASK:** To place and give reasons on one ring of four cattle. **NOTE:** Cattle to be judged on breed points. **TIMING:** 15 minutes allowed for inspection. **REASONS:** Each competitor will be allowed two minutes to state his/her reasons. Competitors who exceed this time limit will incur penalties at a rate of two marks for each 15 second or part thereof. The marks will be deducted from the competitor's total. Members may only use cards supplied during the competition.

(No restriction on number of entries allowed per Club)  
(Individual entries per age category can also be accepted)  
(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)

**9. SECTION D COB JUDGING**

**(WHITE COATS TO BE WORN)**

A team of two members, one 28 years of age and under and one 18 years of age and under on the 1<sup>st</sup> of September 2023. **TASK:** To place and give reasons on one ring of four cobs. **NOTES:** Cobs to be judged on Breed Points. **TIMING:** 15 minutes allowed for inspection of the cobs. **REASONS:** Each competitor will be allowed two minutes to state his / her reasons. Competitors who exceed this time limit will incur penalties at a rate of two marks for each 15 seconds or part thereof. The marks will be deducted from the competitor's total. Members may only use cards supplied during the competition.

(No restriction on number of entries allowed per Club)

RULES FOR THE 2024 RALLY TO BE HELD ON SATURDAY 1<sup>ST</sup> JUNE  
HOSTED BY TROEDRHIWDALAR YFC

(Individual entries per age category can also be accepted)  
(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)

**10. PHOTOGRAPHY**

(WHITE COATS TO BE WORN)

Member 28 years of age or under on the 1<sup>st</sup> of September 2023, will be required to produce 4 photographs 6” x 4”, mounted on an A3 board depicting the theme “NO FARMERS, NO FOOD”. The photos can be captured using film or digital photography. If digital photography is used as the capture method the photographs MUST NOT be digitally enhanced using photographic software on a computer. The preferred printing method would be to print photos from a memory card using a commercial photo machine, if a photo machine is used the appropriate size can be selected and the image can be turned into Black & White, Sepia or colour but no other alterations can be done, for example, brightness/contrast, colour restoration/ balance or any method that would digitally alter the photo quality. **Scale of Marks:** Each photo worth 15 points – 60; Display – 20; Relevance to theme – 20; **Total - 100 Marks**

**11. CRAFT UNDER 21**

(2 entries allowed per Club)

(WHITE COATS TO BE WORN)

**TEAM:** One member. (21 years of age or under on the 1<sup>st</sup> of September 2023). **TASK:** A gift or award for long service or retirement within the Emergency Services. Competitors will need to provide a video clip demonstrating how they created their gift. The video clip must show key elements of the manufacture of the gift and must be a minimum of 2 minutes and maximum of 5 minutes. Competitors will need to present a QR code to be displayed for the public to scan and watch the video. On competition day the member will be asked questions on the workmanship. The video must not be a slideshow of images, it must a series of real-time video clips, or a timelapse video to demonstrate the member manufacturing the item. **MEASUREMENTS:** Display space – Half a trestle table to include the finished item and QR code. **COSTINGS:** Not to exceed £20 in total- costings to be displayed. Credibility of cost will be considered by the judge. **TIME:** 15 minutes to display the exhibit. **NOTES:** Item and video to be submitted to the YFC office, ready for judging prior to the Show/ day (4pm on Friday 17<sup>th</sup> May 2024). Members will be required to display their items on the day. No mobile phones to be used during competition. **SCALE OF MARKS:** Originality and choice of craft used – 15; Design – 15; Workmanship – 30; Presentation and appearance of finished item – 15; Content of Video – 15; Judges Questions – 10; **TOTAL - 100**

(2 entries allowed per Club)

(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)

**12. DANCING**

**TEAM:** A team of between 4 and 8 members (28 years of age or under on the 1<sup>st</sup> of September 2023), to perform one dance. **TASK:** To perform one dance using two or more contrasting styles of dance. **STAGE:** A 20’ x 20’ stage will be provided. **TIME:** A maximum time of 6 minutes allowed. A minimum of 4 minutes allowed. **TIME PENALTIES:** Up to 15 seconds overtime or undertime - 2 penalty marks; Up to 30 seconds overtime or undertime - 5 penalty marks; And a further 5 penalty marks will be deducted for every 15 seconds thereafter. **EQUIPMENT:** The YFC technician will be responsible for playing all mp3’s. Competitors to submit their MP3 files to the YFC Office, either via Transfer or on a USB stick, by 4pm on Friday 17<sup>th</sup> May 2024. **SCALE OF MARKS: TOTAL- 100**

(2 entries allowed per Club)

(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)

**13. SOLO SINGING**

One member (28 years of age or under on the 1<sup>st</sup> of September). **TASK:** to perform a song or medley using songs with the theme ‘Water’. **ACCOMPANIMENT:** Backing track only in MP3 Format. No live accompaniment is allowed. **TIME:** Maximum time allowed is 5 minutes. Minimum time allowed is 2 minutes. **TIME PENALTIES:** Up to 15 seconds overtime or undertime - 2 penalty marks; Up to 30 seconds overtime or undertime - 5 penalty marks; And a further 5 penalty marks will be deducted for every 15 seconds thereafter. **EQUIPMENT:** Members to supply the Mp3 files via Transfer or on USB stick which should include backing vocals only, to the YFC Office by 4pm on Friday 17<sup>th</sup> May 2024 (Mp3’s will be operated by the YFC technician). Microphones – Competitors will have the choice of

RULES FOR THE 2024 RALLY TO BE HELD ON SATURDAY 1<sup>ST</sup> JUNE  
HOSTED BY TROEDRHIWDALAR YFC

up to six handheld radio mics or headset radio mics. **SCALE OF MARKS:** Performance – 35; Vocal – 35; Costume – 10; Overall Effect – 20; **TOTAL – 100.**

(2 entries allowed per Club)  
(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)  
(Part of same competition as Group Singing Competition)

**14. ON THE NEWS**

**TEAM:** Three members (28 years of age or under on the 1<sup>st</sup> of September 2023) **TASK:** Broadcast a news report live on stage. Each team will be issued with a brief and press pack containing various sources of information. The story will relate in some way to the Emergency Services. **EQUIPMENT:** Music is allowed and the PA technician will be responsible for playing all the mp3's. Competitors to provide their own mp3 but PA equipment will be provided, all Mp3's to be submitted to the YFC Office by **4pm on Friday 17<sup>th</sup> May 2024.** **NOTES:** A table and chairs will be provided – competitors can bring their own costumes, props etc. No set will be allowed. **PLEASE NOTE:** A draw will be one for the order of appearance. **TIME:** 30 minutes preparation time. 3 minutes will be allowed for the live news report. 2 minutes will be allowed for stage preparation prior to the live broadcast. **PENALTIES:** Up to 15 seconds overtime / undertime - 2 penalty marks; Up to 30 seconds overtime / undertime - 5 penalty marks; a further 5 penalty marks will be deducted for every 15 seconds thereafter. **SCALE OF MARKS:** Style and Presentation – 25; Content – 25; Interpretation of Brief – 15; Use of brief and press pack – 20; Teamwork – 15; **TOTAL - 100**

(2 entries allowed per Club)  
(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)

**GROUP A**  
**TEAM COMPETITIONS**

**1. TEXEL SHEEP JUDGING**

(WHITE COATS TO BE WORN)

A team of two members, one 28 years of age and under and one 18 years of age and under on the 1<sup>st</sup> of September 2023. **TASK:** To place and give reasons on one ring of four sheep. **NOTES:** Sheep to be judged on breed points. **TIMING:** 15 minutes allowed for inspection and handling of the sheep. **REASONS:** Each competitor will be allowed two minutes to state his/her reasons. Competitors who exceed this time limit will incur penalties at a rate of two marks for each 15 seconds or part thereof. The marks will be deducted from the competitor's total. Members may only use cards supplied during the competition.

(No restriction on number of entries allowed per Club)  
(Individual entries per age category can also be accepted)  
(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)

**2. GROUP SINGING**

Up to 6 singers but no less than 2 singers (28 years of age or under on the 1<sup>st</sup> of September 2023). **TASK:** To perform a song or medley of songs with the theme 'Hero' **ACCOMPANIMENT:** Backing track only in MP3 Format. No live accompaniment is allowed. **TIME:** Maximum time allowed for each section is 5 minutes. Minimum time allowed for each section is 2 minutes. **TIME PENALTIES:** Up to 15 seconds overtime or undertime - 2 penalty marks; Up to 30 seconds overtime or undertime - 5 penalty marks; And a further 5 penalty marks will be deducted for every 15 seconds thereafter. **EQUIPMENT:** Members to supply Mp3 files to the YFC Office, either by transfer or USB stick, which should include backing vocals only by **4pm on Friday 24<sup>th</sup> May 2024** (Mp3's will be operated by the YFC technician). Microphones – Competitors will have the choice of up to six hand held radio mics or headset radio mics. **SCALE OF MARKS:** Performance – 35; Vocal – 35; Costume – 10; Overall Effect – 20; **TOTAL - 100**

(1 entry allowed per Club)  
(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)  
(Part of the same competition as Solo Singing competition)

**3. IT'S A KNOCKOUT**

RULES FOR THE 2024 RALLY TO BE HELD ON SATURDAY 1<sup>ST</sup> JUNE  
HOSTED BY TROEDRHIWDALAR YFC

**TEAM:** A Team of four members (one 28, one 21, one 18 and one 16 years of age and under on the 1<sup>st</sup> of September 2023). **TASK:** All members of the team to compete in an 'It's a Knockout' style race, with all members dressed up using the theme 'Emergency Services'. One member of the team to do a live commentary before the race, where they are asked to introduce their team (as characters or as members). One hand held radio mic will be supplied for the commentary. **EQUIPMENT:** The YFC technician will be responsible for playing all mp3's. Competitors to submit their MP3 files to the YFC Office, either via Transfer or on a USB stick, by **4pm on Friday 24<sup>th</sup> May 2024**. **TIME:** Maximum time allowed for the commentary is 3 minutes. Up to 15 seconds overtime - 2 penalty marks; Up to 30 seconds overtime - 5 penalty marks; And a further 5 penalty marks will be deducted for every 15 seconds thereafter. Each team will then compete in an It's a Knockout style race where the fastest team will gain the highest number of points. **NOTE:** Members are allowed to change their footwear for the relay race, however the rest of the costume must be worn in full. **SCALE OF MARKS:** It's a Knockout Race – 50; Commentary and Overall Effect – 30; Costumes – 10; Originality – 10; **TOTAL - 100**

(1 entry allowed per Club)  
(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)

4. **JUNIOR IT'S A KNOCKOUT**

**TEAM:** A Team of 4 members, 16 years of age or under on the 1<sup>st</sup> September 2023. **TASK:** All members of the team to compete in an 'It's a Knockout' style race. No commentary included. **Results based on time.**

(2 entries allowed per Club)

5. **DRESSING UP COMPETITION**

(WHITE COATS TO BE WORN)

**THEME:** Emergency Services **TEAM:** Two members (One 18 years and one 16 years of age or under on the 1<sup>st</sup> of September 2023). **TASK:** Two members to dress up a Club Leader / Senior member/ Parent of a competing member, as something associated with the Emergency Services using predominantly recycled materials. **NOTES:** All costumes to be made on the day and therefore no work to be undertaken beforehand (Teams will be penalised if costumes have been made beforehand or if they have been hired). Teams are reminded that accessories such as wigs that have been made / purchased beforehand are therefore not permitted. No mobile phones to be used during preparation, competition and setting up. **TIME:** Time allowed – 1 hour. **SCALE OF MARKS:** Originality – 25; Teamwork – 25; Overall Effect – 50; **TOTAL - 100**

(3 entries allowed per Club)  
(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)

6. **A SKETCH WITH THE THEME OF EMERGENCY**

**TEAM:** Team of between two and six members. (28 years of age or under on the 1<sup>st</sup> of September 2023). **TASK:** Team of up to six members to perform a sketch using the theme of 'Emergency'. Must be suitable for viewing by all ages. **ACCOMPANIMENT:** Backing tracks / sounds are allowed, members must supply these on a USB or MP3 file. **TIME:** The performance should be a minimum of 2 minutes and a maximum of 5 minutes including the setting and clearing of the stage. **TIME PENALTIES:** Up to 15 seconds overtime or undertime- 2 penalty marks; Up to 30 seconds overtime - 5 penalty marks; And a further 5 penalty marks will be deducted for every 15 seconds thereafter. **EQUIPMENT:** Backing tracks / sounds are allowed. Members to supply the appropriate Mp3 files to the YFC Office by **4pm on Friday 24<sup>th</sup> May 2024** (USB \ Mp3's will be operated by the YFC technician). Competitors will have the choice of up to six hand held radio mics or headset radio mics. **SCALE OF MARKS:** Performance – 50; Set & Costume – 30; Overall Effect – 20; **TOTAL – 100**

(1 entry allowed per Club)  
(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)

7. **JUNIOR WOODWORK**

**TEAM:** Two members (18 years of age or under on the 1<sup>st</sup> of September 2023) **TASK:** Teams to design and create a 'Post box'. **TIME:** 2 hours is allowed to complete the task. **EQUIPMENT:** Competitors must supply their own tools. Chainsaws will not be allowed. Only battery powered drills will be allowed no other battery-operated tools are allowed. No blade attachments on the drill is allowed. Screws and/or bolts may be used but these must be supplied by the competitors. No nail guns allowed. No staple guns allowed. **MATERIALS:** Competitors will be supplied with the following: A plank of FSC wood 15cm x 1.4m long x 1.5- 1.8cm thick and not pressure treated

RULES FOR THE 2024 RALLY TO BE HELD ON SATURDAY 1<sup>ST</sup> JUNE  
HOSTED BY TROEDRHIWDALAR YFC

Competitors shall bring their own nails. **SCORING:** Quality of workmanship, structural soundness and design – 60; Team work – 10; Safe working – 10; Originality – 10; Fit for purpose – 10; **TOTAL - 100**

(2 entries allowed per Club)  
(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)

8. **WOODWORK**

**TEAM:** Two members (28 years of age or under on the 1<sup>st</sup> of September 2023) **TASK:** Make a Memorial or Talking Bench. **TIME:** 2 hours is allowed to complete the task. **EQUIPMENT:** Competitors must supply their own tools. Chainsaws will not be allowed. Only battery powered drills will be allowed no other battery-operated tools are allowed. No blade attachments on the drill are allowed. Screws and/or bolts may be used but these must be supplied by the competitors. No nail guns allowed. No staple guns allowed. **MATERIALS:** Competitors will be supplied with the materials with the following: 2no 3.6 metres of 90mm x 38mm; 8no 2.4 metres of 90mm x 38mm ; 4no 2.4 metres of 140mm x 38mm; All wood to be Tanalised CLS. Competitors shall bring their own nails and other fasteners such as hinges. No other materials will be allowed. **SCORING:** Quality of workmanship, structural soundness and design – 60; Teamwork – 10; Safe working – 10; Originality – 10; Fit for purpose – 10; **TOTAL - 100**

(2 entries allowed per Club)  
(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)

9. **JUNIOR GENERATION GAME**

(WHITE COATS TO BE WORN)

**THEME:** Emergency Services **TEAM:** Two members (18 years of age or under on the 1<sup>st</sup> of September 2023) **TASK:** Competitors will be required, individually or as a team, to complete / perform a task on the YFC stage in a given amount of time as demonstrated by the judge on the day. **NOTES:** All equipment will be supplied. **SCORING:** **TOTAL - 100**

(2 entries allowed per Club)  
(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)

10. **PITCH A NEW FARM SAFETY PROJECT OR PRODUCT**

**TEAM:** Up to 2 members (28 years of age or under on the 1<sup>st</sup> of September 2023). **TASK:** To pitch a new concept for a Farm Safety project or product in a 'Dragon's Den' style pitch on stage. Promotion materials will be allowed. No display boards. The judge will ask one question to each team. **TIME:** A minimum of 2 minutes and maximum of 5 minutes will be allowed to complete the task, not to include the question and answer. **TIME PENALTIES:** Up to 15 seconds overtime or undertime – 2 penalty marks; up to 30 seconds over or under time – 5 penalty marks, and a further 5 penalty marks will be deducted for every 15 seconds thereafter. **SCALE OF MARKS:** Research and Concept – 30; Presentation – 40; Originality – 20; Judge's Question – 10; **TOTAL - 100**

(1 entry allowed per Club)  
(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)

11. **SENIOR GENERATION GAME**

(WHITE COATS TO BE WORN)

**THEME:** Emergency Services **TEAM:** Two members (between 18 and 28 years of age on the 1<sup>st</sup> of September 2023) **TASK:** Competitors will be required, individually or as a team, to complete / perform a task on the stage in a given amount of time as demonstrated by the judge on the day. **NOTES:** YFC will supply all equipment. **SCORING:** **Total Marks - 100.**

(2 entries allowed per Club)  
(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)

12. **COOKERY**

(WHITE COATS TO BE WORN)

RULES FOR THE 2024 RALLY TO BE HELD ON SATURDAY 1<sup>ST</sup> JUNE  
HOSTED BY TROEDRHIWDALAR YFC

**ELIGIBILITY:** Teams to consist of three members, one must be 28 years of age or under, one must be 21 years of age or under and one must be 16 years of age or under, on 1<sup>st</sup> of September 2023. **PROCEDURE:** Each team will be required to prepare a three-course meal for a Seasonal Event e.g. Special Birthday, Christmas, Harvest Supper etc. Teams must promote local produce within their displays. The menu must include three courses, one starter, one main and one dessert. Each course will be required to serve two people. A drink does not count as a course and will not be scored. Teams must ensure each course involves a cooked element, prepared from raw ingredients, demonstrating cookery skills. (It is advised that the combination of smoked salmon and cream cheese is not included). 3 mystery ingredients will be provided to each team, which must be incorporated into the menu. The mystery ingredients can be used in either of the courses or all in one course. Competitors are allowed to bring their own recipe/ cookery books with them for reference (**the use of mobile phones will not be permitted**). **TIMING:** Teams will be given 1 hour to create their dishes which includes preparation and tidying of the site and to finish their exhibit. Teams will be allocated an extra 10 minutes at the start of the competition to discuss the mystery ingredients. Competitors will be penalised at the rate of one mark per minute or part thereof over allotted time. Teams will be allocated their workspace and display space. Display bays may be set up **before** the one-hour preparation and cooking time and teams may unpack their equipment and ingredients onto the worktable before the one-hour practical session. At the end of the one-hour preparation and cooking time, teams should have tidied the site leaving a clear (wiped) worktable with only the gas stoves on it – i.e. they should have packed away their equipment and wiped down the worktable. The gas stoves should be left on the worktable to cool before being packed away. **Teams will be required to:** Work on two trestle tables. This includes an area to prepare and an area to work with two (2) butane gas stoves (gas stoves provided by teams). Cook and display their exhibit within the one-hour time limit. Have recipe details available throughout the practical session for judge's inspection. During the period of the competition, competitors must not communicate directly or indirectly with any person other than Judges or Stewards. **No other person, other than their team members, will be allowed in the competing area.** Teams will not have access to electric and no access to water. Teams may not use liquid nitrogen. **EQUIPMENT:** Competing teams are required to provide: All ingredients (these may be brought to the competition already weighed out and vegetables ready washed -**all other work must be executed on site in the practical session**). Two butane gas stoves. The stoves must be like the images below and fuelled by butane cartridges:



**DISPLAYS:** Competitors will be allowed a maximum display space of 90cm (width) x 60cm (depth) x height optional (i.e. no height limit) which to display the courses to their best advantage. Please note these are the EXTERNAL dimensions. If teams use back and/or side boards the whole of the board must be within the dimensions given. Any accessories or drapes used on the outside walls must be included in the overall size limit of the exhibit. **Displays which exceed the above dimensions will be disqualified.** Teams Must: Display a menu card, Display details of recipes. There are no limitations on the contents of the display. Menu cards, recipes, and display accessories (non-food items) etc may be brought to the competition ready prepared. Displays must remain in position throughout the day of the competition. All displays and competitors' property will be at the risk of the competitor and YFC cannot accept liability for any loss of damage sustained – therefore, competitors are advised to use items of little established value. A club name will provide for each display. **SCALE OF MARKS:** Practical cookery skills, including teamwork – 40; Taste – 40; Incorporation of 3 mystery ingredients into menu – 20; Finished courses, suitability, choice of menu and variety – 20; Overall display and interpretation of theme – 20; Suitable clothing (white coats, headwear, shoes etc) – 10; **Total Marks – 150.**

(2 Entries allowed per Club)

(For NYFC Final, Malvern Autumn Show – Saturday 28<sup>th</sup> September 2024)

### 13. SCAVENGER HUNT

(WHITE COATS TO BE WORN)

Team of two members, 28 years of age or under on 1<sup>st</sup> September 2023. Tasks will be given by the judge on the day. **Time allowed:** 1 Hour. **Total – 100 Marks.**

**GROUP B**  
**INDIVIDUAL COMPETITIONS**

**1. SENIOR SHEARING**

Member 28 years of age or under on the 1st of September 2023 with own Shearing Head to shear two sheep. All members must have passed either a NPTC Proficiency Test or a BWMB Seal in Sheep Shearing to compete in the competition – a copy of the certificate to be shown on the day. The BISCA Rules and marking system for 2024 will apply.

(2 entries allowed per Club)  
(For Royal Welsh Show 22<sup>nd</sup> - 27th July 2024)

**2. INTERMEDIATE SHEARING**

Member 21 years of age or under on the 1st of September 2023 with own Shearing Head to shear two sheep. All members must have passed either a NPTC Proficiency Test or a BWMB Seal in Sheep Shearing to compete in the competition – a copy of the certificate to be shown on the day. The BISCA Rules and marking system for 2024 will apply.

(2 entries allowed per Club)  
(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)

**3. JUNIOR SHEARING**

Member 18 years of age or under on the 1st of September 2023 with own Shearing Head to shear two sheep. All members must have passed either a NPTC Proficiency Test or a BWMB Seal in Sheep Shearing to compete in the competition – a copy of the certificate to be shown on the day. The BISCA Rules and marking system for 2024 will apply.

(2 entries allowed per Club)

**4. LADIES SHEARING**

Female member 28 years of age or under on the 1st of September 2023 with own Shearing Head to shear two sheep. All members must have passed either a NPTC Proficiency Test or a BWMB Seal in Sheep Shearing to compete in the competition – a copy of the certificate to be shown on the day. The BISCA Rules and marking system for 2024 will apply.

(2 entries allowed per Club)

**5. WOOL HANDLING UNDER 28**

**TEAM:** One member (28 years of age or under on the 1<sup>st</sup> of September 2023). **TASK:** One member to handle two fleeces. **NOTES:** Competitors are responsible for supplying their own broom. **SCORING SYSTEM:** The BISCA Rules and marking system for 2024 will apply.

(2 entries allowed per Club)  
(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)

**6. WOOL HANDLING UNDER 18**

**TEAM:** One member (18 years of age or under on the 1<sup>st</sup> of September 2023). **TASK:** One member to handle two fleeces. **NOTES:** Competitors are responsible for supplying their own broom. **SCORING SYSTEM:** The BISCA Rules and marking system for 2024 will apply.

(2 entries allowed per Club)

**7. SHEARING COMMENTARY**

One member 28 years of age or under on the 1<sup>st</sup> of September 2023, to do a running commentary on one shearer whilst shearing one sheep. Marks will be based on the skill and knowledge of shearing. All competitors will be held in a holding area until they have competed. **Total Marks: 100 Marks.**

(1 entry allowed per Club)



**8. FLORAL UNDER 16**

**(WHITE COATS TO BE WORN)**

A member 16 years of age or under on the 1<sup>st</sup> of September 2023, will have one hour to individually create a piece as described in the following Floral Art Schedule: **Exhibit title – “Table Decoration” Centre Piece** - should be viewed from all angles to the theme Christmas. The maximum display area for each competitor **MUST NOT exceed 76cm wide x 60cm deep x optional height** (i.e. no limitations to height). Exhibit to be composed of natural plant material, with or without accessories. Exhibit is to be viewed from all sides. Backboards are not required. If baseboards are used, they must be within the size stated as above. The exhibit will be displayed on a table with white table covering. **DISPLAY:** A worktable will be provided close to the display area - approx half a trestle table to be allocated per competitor. Each exhibit will be displayed to their best advantage with the space allocation. All exhibits must be the unaided work of the competitors and must be assembled on the day. During the period of the competition, competitors must not communicate directly or indirectly with any person other than Judges or Stewards, under penalty of instant disqualification. No other person, other than the competitors will be allowed in the competing area. A Club label will be provided for each display. Competitors may use a battery- operated glue gun or any other form of adhesive. There will be no mains power supply available. Any exhibit exceeding the maximum measurements will be disqualified. The measurement will be from the outside edges of the base board (i.e. the thickness of the backboard will be included in the size restrictions). Any accessories or drapes used on the outside of the back board will be included in the overall measurement of the exhibit and should be within the size restrictions. The external side of the back board will be taken into account for the attractiveness of the exhibit marks and so should be covered to compliment the overall exhibit. Exhibits must remain in position throughout the day of the competition. All exhibits and competitors' property will be at the risk of the competitors and YFC cannot accept liability for any loss or damage sustained – therefore, competitors are advised to use items of little established value. **TIMING:** Allowance of **one hour to include final checks and measurements of the exhibit**. Before leaving the competing area, competitors will be given a further 5 minutes to clear and tidy the work site. Competitors may unpack their equipment and plant material/ flowers onto the worktable before the one-hour practical session commences. No floral foam is allowed – Eco friendly alternatives **MUST** be used. Competitors may set up their Eco-friendly flower arranging support material/ mechanics in position prior to the one-hour practical session if required. Competitors are able to set up their display bay before the one-hour practical session commences. **NOTES:** Competitors to note that all buckets will be checked by Steward on arrival for pre-arranged foliage. Competitors must not bring photographs/ diagrams of previously arranged Floral Exhibits into the competing area. Any competitor found doing so may be disqualified. Competitors must wear white coats during the period of the competition. **Please Note:** At the NFYFC Finals, NFYFC will follow NAFAS rules, that this is a foam free class and alternatives such as ecofriendly or non-biodegradable foam must not be used. **Scale of Marks:** Idea – 20; Colour – 20; Composition – 30; Technical – 30; **Total – 100 Marks.**

**(2 Entries allowed per Club)**

**(For NFYFC Final, Malvern Autumn Show – Sunday 29<sup>th</sup> September 2024)**

**PLEASE ALSO NOTE THE FOLLOWING:**

**ALL EXHIBITS WILL BE JUDGED STRICTLY IN ACCORDANCE WITH THE NAFAS COMPETITIONS MANUAL 2023.** A “Competitions Manual” is available from [www.nafas.org.uk](http://www.nafas.org.uk) to visit the NAFAS on-line shop.

**NAFAS Definitions** (The National Association of Flower Arranging Societies of Great Britain) From the NAFAS Competitions Manual (Fourth Edition 2023.)

**An EXHIBIT:**

- Is composed of natural plant material in all its forms, contained within a space as specified in a show schedule.
- Accessories need to go in front of backgrounds, bases, containers, drapes, exhibit titles and mechanics may always be included in an exhibit, unless otherwise stated.
- More than one placement may always be included, unless otherwise stated.
- In all exhibits natural plant material must predominate. Plant material must now predominate in all Still Life Exhibits.

**NATURAL PLANT MATERIAL:**

RULES FOR THE 2024 RALLY TO BE HELD ON SATURDAY 1<sup>ST</sup> JUNE  
HOSTED BY TROEDRHIWDALAR YFC

- *Natural plant material is any vegetable matter.*
- *It includes fresh, dried, garden, wild, foliage, fungi, vegetables and seaweed or made-up plant material.*
- *It is acceptable to enhance plant material by the application of oil, milk, wax, leaf shine or other similar products.*

**ARTIFICIAL PLANT MATERIAL**

- *Artificial plant material is realistic or fantasy plant-forms, made wholly or partly from non-plant material. This includes, clay, glass, metal, plastic, plaster, polyester, shells, silk, wax, etc. This also includes fabric and ribbon made from a non-plant source, which is used as a substitute for natural plant material in an exhibit.*
- *Artificial plant material **is not allowed** unless specifically permitted in a show schedule (see reasons for disqualification).*
- *Artificial plant material or artificial plant forms that are an integral part of a container, base, background, or accessory are permitted.*
- ***Artificial grass turf must not be used for any purpose including bases.***

**An ACCESSORY**

- *Anything other than natural plant material in an exhibit, such as, feather, shells, stones, wax candles*
- *The following are not accessories and may also be used unless prohibited by the show schedule: backgrounds, bases, containers holding plant material, drapes, exhibit titles and mechanics. These may be decorated in any way, but greater credit should be given for use of natural plant material where appropriate.*

**REASONS FOR DISQUALIFICATION**

- *Failure to comply with any specific requirements of a class as stated in a show schedule, i.e. the measurements or the components. (Just remember – it is better to aim to be at least several cms smaller than the size allowed as the size stated is the MAXIMUM size).*
- *Inclusion of artificial plant material (unless specifically allowed by a show schedule).*
- *Inclusion of fresh plant material that does not have roots or the cut ends of stems in water to water retaining material. Exceptions: Air Plants, Cacti, Fruits, Grass Turf, Lichen, Moss, Succulents, Vegetables, and long-lasting plant material which will remain turgid for the duration of a show. (Definition of turgid – the state of firmness of plant tissue resulting from adequate moisture, causing the plant cells to be fully expanded).*

**NOT ACCORDING TO SCHEDULE DISQUALIFICATION:** *the term used when an exhibit does not comply with the requirements of the schedule – see NAFAS reasons for disqualification above. The judge will write ‘Not according to schedule’ and the reason.*

**9. FLORAL UNDER 21**

**(WHITE COATS TO BE WORN)**

A member 21 years of age or under on the 1<sup>st</sup> of September 2023, will have one hour to individually create a piece as described in the following Floral Art Schedule: **Exhibit title – “Door Wreath”** a Front Facing Exhibit to the theme Christmas. The maximum display area for each competitor **MUST NOT exceed 76cm wide x 60cm deep x optional height** (i.e. no limitations to height). Exhibit is to be viewed from the front. Competitors own backboard and base boards are allowed and must be provided by the competitor if required and must adhere to the size limitations. The reverse of these backboards **MUST** complement the theme and be neat and tidy. For Clarification At the NFYFC Finals competitors are allowed to bring their wreath ring already constructed - no decoration to be added before the competition commences. The wreath will be judged on the decoration and not the construction. Each Exhibit must be suitable to be hung freely from a hook/bar. Competitors must ensure that the size and weight of their exhibit is practical to be used as a door display. At the NFYFC Finals, the exhibit will be displayed on a table with a white covering. If competitors wish to display their exhibits hung, they must provide their own structure to be placed on the table. Exhibits to be composed of natural material, with or without accessories. Exhibits to be viewed from the front. NFYFC will follow the NAFAS Rules on the day of the Finals – i.e. that this class is foam free and alternatives such as eco-friendly or non-biodegradable foam must not be used. **DISPLAY:** A worktable will be provided close to the display area - approx. half a trestle table to be allocated per competitor. Each exhibit will be displayed to their best advantage with the space allocation. All exhibits must be

RULES FOR THE 2024 RALLY TO BE HELD ON SATURDAY 1<sup>ST</sup> JUNE  
HOSTED BY TROEDRHIWDALAR YFC

the unaided work of the competitors and must be assembled on the day. During the period of the competition, competitors must not communicate directly or indirectly with any person other than Judges or Stewards, under penalty of instant disqualification. No other person, other than the competitors will be allowed in the competing area. A Club label will be provided for each display. Competitors may use a battery- operated glue gun or any other form of adhesive. There will be no mains power supply available. Any exhibit exceeding the maximum measurements will be disqualified. The measurement will be from the outside edges of the base board (i.e. the thickness of the backboard will be included in the size restrictions). Any accessories or drapes used on the outside of the back board or base board will be included in the overall measurement of the exhibit and should be within the size restrictions. The external side of the back board will be taken into account for the attractiveness of the exhibit marks and so should be covered to compliment the overall exhibit. Exhibits must remain in position throughout the day of the competition. All exhibits and competitors' property will be at the risk of the competitors and YFC cannot accept liability for any loss or damage sustained – therefore, competitors are advised to use items of little established value. **TIMING:** Allowance of **one hour to include final checks and measurement of the exhibit**. Before leaving the competing area, competitors will be given a further 5 minutes to clear and tidy the work site. Competitors may unpack their equipment and plant material/ flowers onto the worktable before the one-hour practical session commences. No floral foam is allowed – Eco friendly alternatives **MUST NOT** be used. Competitors may set up their Eco-friendly flower arranging support material/ mechanics in position prior to the one-hour practical session if required. Competitors are able to set up their display bay before the one-hour practical session commences. **NOTES:** Competitors to note that all buckets will be checked by Steward on arrival for pre-arranged foliage. Competitors must not bring photographs/ diagrams of previously arranged Floral Exhibits into the competing area. Any competitor found doing so may be disqualified. Competitors must wear white coats during the period of the competition. **Scale of Marks:** Idea – 20; Colour – 20; Composition – 30; Technical – 30; **Total – 100 Marks.**

(2 Entries allowed per Club)

(For NFYFC Final, Malvern Autumn Show – Sunday 29<sup>th</sup> September 2024)

**10. FLORAL UNDER 28**

(WHITE COATS TO BE WORN)

A member 28 years of age or under on the 1<sup>st</sup> of September 2023, will have one hour to individually create a piece as described in the following Floral Art Schedule: **Exhibit title – “Bouquet”** viewed from all angles to the theme Christmas. The maximum display area for each competitor **MUST NOT exceed 76cm wide x 60cm deep x optional height** (i.e. no limitations to height). Exhibits to be composed of natural plant material, with or without accessories. Exhibit is to be viewed from all sides no backboards allowed. The exhibit will be displayed on a table with white table covering. For Clarification: Each exhibit must be suitable to stand freely with stems and binding clearly visible. Exhibits must be displayed in water – using a suitable water container. Marks will be awarded on a spiralling technique as part of the technical mark. **DISPLAY:** A worktable will be provided close to the display area - approx. half a trestle table to be allocated per competitor. Each exhibit will be displayed to their best advantage with the space allocation. All exhibits must be the unaided work of the competitors and must be assembled on the day. During the period of the competition, competitors must not communicate directly or indirectly with any person other than Judges or Stewards, under penalty of instant disqualification. No other person, other than the competitors will be allowed in the competing area. A Club label will be provided for each display. Competitors may use a battery - operated glue gun or any other form of adhesive. There will be no mains power supply available. Any exhibit exceeding the maximum measurements will be disqualified. The measurement will be from the outside edges of the base board (i.e. the thickness of the backboard will be included in the size restrictions). Any accessories or drapes used on the outside of the back board or base board will be included in the overall measurement of the exhibit and should be within the size restrictions. The external side of the back board will be taken into account for the attractiveness of the exhibit marks and so should be covered to compliment the overall exhibit. Exhibits must remain in position throughout the day of the competition. All exhibits and competitors' property will be at the risk of the competitors and YFC cannot accept liability for any loss or damage sustained – therefore, competitors are advised to use items of little established value. **TIMING:** Allowance of **one hour to include final checks and measurements of the exhibit**. Before leaving the competing area, competitors will be given a further 5 minutes to clear and tidy the work site. Competitors may unpack their equipment and plant material/ flowers onto the worktable before the one-hour practical session commences. No floral foam is

RULES FOR THE 2024 RALLY TO BE HELD ON SATURDAY 1<sup>ST</sup> JUNE  
HOSTED BY TROEDRHIWDALAR YFC

allowed – Eco friendly alternatives **MUST NOT** be used. Competitors may set up their Eco-friendly flower arranging support material/ mechanics in position prior to the one-hour practical session if required. Competitors are able to set up their display bay before the one-hour practical session commences. **NOTES:** Competitors to note that all buckets will be checked by Steward on arrival for pre-arranged foliage. Competitors must not bring photographs/ diagrams of previously arranged Floral Exhibits into the competing area. Any competitor found doing so may be disqualified. Competitors must wear white coats during the period of the competition. **Scale of Marks:** Idea – 20; Colour – 20; Composition – 30; Technical – 30; **Total – 100 Marks.**

**(2 Entries allowed per Club)**

**(For NFYFC Final, Malvern Autumn Show – Sunday 29<sup>th</sup> September 2024)**

**11. HANDWRITING UNDER 14**

**(WHITE COATS TO BE WORN)**

Member 14 years of age or under on the 1<sup>st</sup> of September 2023, to copy and complete a passage provided (approximately 100 words) in 20 minutes. 5 minutes will be allowed to read through the passage before the written work commences. **Total – 100 Marks**

**(3 Entries allowed per Club)**

**12. HANDWRITING UNDER 18**

**(WHITE COATS TO BE WORN)**

Member 18 years of age or under on the 1<sup>st</sup> of September 2023, to copy and complete a passage provided (approximately 120 words) in 20 minutes. 5 minutes will be allowed to read through the passage before the written work commences. **Total – 100 Marks**

**(3 Entries allowed per Club)**

**13. HANDWRITING UNDER 28**

**(WHITE COATS TO BE WORN)**

Member 28 years of age or under on the 1<sup>st</sup> of September 2023, to copy and complete a passage provided (approximately 150 words) in 20 minutes. 5 minutes will be allowed to read through the passage before the written work commences. **Total – 100 Marks**

**(3 Entries allowed per Club)**

**14. IDENTIFICATION UNDER 18**

**(WHITE COATS TO BE WORN)**

Member 18 years of age or under on the 1<sup>st</sup> of September 2023, to identify “Name the Film” from the picture clues. **Total – 100 Marks.**

**(3 Entries allowed per Club)**

**15. IDENTIFICATION UNDER 28**

**(WHITE COATS TO BE WORN)**

Member 28 years of age or under on the 1<sup>st</sup> of September 2023, to identify “Name the Film” from the quote. **Total – 100 Marks.**

**(3 Entries allowed per Club)**

**16. ATV**

Member 28 years of age or under on the 1<sup>st</sup> of September 2023. Using a four-wheel ATV (which will be supplied), competitors will be required to drive an ATV through a ‘set’ course, negotiating various obstacles and terrain. The member will also be required to reverse the ATV through one part of the same course. Marks will be deducted if the ATV hits any set obstacles. The number of attempts at each obstacle will be taken into consideration. The emphasis of the competition will be on skill, balance, and safe operation of the machine. **Timing:** 10 minutes will be allowed to complete the course. One mark per minute or part thereof will be deducted for overtime. **Please Note: Competitors must hold either a full driving licence, a tractor licence, or an ATV Handling Certificate, which must be produced on the day of the competition. Competitors are required to produce and wear head protection which protects the head and neck. Helmets to be to current British Standard at the time of the competition. Total – 100 Marks.**

RULES FOR THE 2024 RALLY TO BE HELD ON SATURDAY 1<sup>ST</sup> JUNE  
HOSTED BY TROEDRHIWDALAR YFC

(2 Entries allowed per Club)

**17. SENIOR FFERM FACTOR**

(WHITE COATS TO BE WORN)

Member 28 years of age or under on the 1<sup>st</sup> of September 2023. Members to complete two agricultural related tasks. Tasks will be set by the judge but could be in the form of a written or practical task. **Total – 100 Marks**

(2 entries allowed per Club)

**18. FACE PAINTING**

(WHITE COATS TO BE WORN)

Member 18 years of age or under on the 1<sup>st</sup> September 2023, to paint another member, Club Leader or the parent of the competing members face. Members to provide their own materials. No accessories allowed. **Time Allowed:** 30 Minutes. **Total – 100 Marks.**

(2 Entries allowed per Club)

**19. SENIOR PENCIL SKETCH**

(WHITE COATS TO BE WORN)

Member 28 years of age or under on 1<sup>st</sup> September 2023, to sketch from an item or picture which will be provided on the day. The competitors to provide the pencil. Paper to be provided by Brecknock YFC. **Timing – 1 Hour. Total – 100 Marks**

(2 Entries allowed per Club)

**20. JUNIOR PENCIL SKETCH**

(WHITE COATS TO BE WORN)

Member 18 years of age or under on 1<sup>st</sup> September 2023, to sketch from an item or picture which will be provided on the day. The competitors to provide the pencil. Paper to be provided by Brecknock YFC. **Timing – 1 Hour. Total – 100 Marks**

(2 Entries allowed per Club)

**21. SILLY SENSES**

(WHITE COATS TO BE WORN)

Member 14 years of age or under on 1<sup>st</sup> September 2023, to use their sense of smell, taste and touch to identify certain items (maximum of 10) whilst blindfolded. **Please Note:** Competitors must state any allergies when submitting entries to the YFC Office. Competitors to compete at their own risk. Another round will be held if there are joint placings in the top three. **Total – 100 Marks**

(3 Entries allowed per Club)

**SPECIAL COMPETITIONS**

**1. MAIN RING**

Team of up to 11 members including one compere, 28 years of age or under on the 1<sup>st</sup> September 2023. All members of the team to take part in a display with the theme, the Emergency Services. One member of the team, the compare, will commentate on the display. There will be one handheld microphone available. Competitors to provide their own mp3 but PA equipment will be provided, all Mp3's to be submitted to the YFC Office by **4pm on Friday 24<sup>th</sup> May 2024.** **Time:** The display should be no longer than 5 minutes. **Penalties:** Up to 15 seconds overtime/undertime – 2 penalty marks; Up to 30 seconds overtime/undertime – 5 penalty marks; a further 5 penalty marks will be deducted for every 15 seconds thereafter. **Marking system:** Performance – 30; Originality – 20; Costumes – 10; Commentary – 20; Overall Effect – 20; **Total – 100 Marks.**

**OPEN COMPETITIONS**

RULES FOR THE 2024 RALLY TO BE HELD ON SATURDAY 1<sup>ST</sup> JUNE  
HOSTED BY TROEDRHIWDALAR YFC

**2. MEN'S TOW**

**TEAM:** A team shall consist of eight pulling members. No more than two (2) members of a team shall be between the ages of 15 and over, and under 17 years on 1 September 2023 and the remainder of the team **MUST** be between 17 years and over, and 28 years of age or under on 1 September 2023. All competitors must be full members of a Club affiliated to NFYFC. You cannot compete for more than one club and county in one membership year. **COACHES AND TRAINERS:** Only one Coach is permitted with each team during pulling. Only one Trainer or "Water Carrier" is permitted with each team. During pulling the Trainer shall take up position well clear of both teams and is not permitted to address any remark to them during actual pulling. Neither the Coach nor Trainer need comply with other rules of eligibility. **WEIGHING IN PROCEDURE:** Men's Weight – 680kg. The competitors will be stamped or marked on a limb in a position easily seen by the Judge, but not easily erased by the rope or competitors clothing. **SUBSTITUTION:** After a team has pulled the first end of the first match, the team is able to use a substitution. A substitute may replace any one puller for the remainder of the competition (Age restriction of team still applies). Substitution may be used for tactical reasons or due to injury. Any potential substitutes must (unless otherwise instructed by competition organisers) have been signed in and had their membership card checked prior to pulling in the competition. At the time of substitution; both, the puller to be replaced and the substitute, must report in full pulling outfit, (shirts, shorts, stockings and footwear) to the Chief Judge/Chief Steward who may designate an official to deal with the substitutes. A small (bathroom type) scale must be available at the pulling area, (in a suitable place, on solid surface), to determine the weight difference between the two pullers. The substitute puller must be of equal weight or less than the puller he/she replaces. Directly after the change, the Chief Judge or designated official shall cancel the stamp or marking of the replaced puller, and indicate a similar marking on the substitute, with an indelible marker. This change shall then be recorded. **DRESS AT WEIGH-IN:** Male teams may weigh-in in proper sized non-transparent shorts only. Boots need not be carried or worn on the scale during weigh-in. **NOTES** The 2024 NFYFC Tug-of-War Rules shall apply as set by the ToWA. Members to wear the same colour shirt / jerseys. Designated coaches to wear bibs supplied by YFC. Competitors' boots or shoes must not be 'faked' in any way, i.e. the sole, heel and side of the heel shall be perfectly flush. No metal toecaps or metal toe plates are permitted. Metal heel tips that are flush on the side and the bottom of the heel are permitted. The judge(s) has / have the power and responsibility to disqualify a team or teams after a caution or disqualify without caution for any offence against the rules. Both sections will be run on a league basis if time allows otherwise, they will be run on a knockout basis

**(No restriction on number of entries allowed per Club)  
(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)**

**3. WOMEN'S TOW**

**TEAM:** A team shall consist of eight pulling members. No more than two (2) members of a team shall be between the ages of 15 and over, and under 17 years on 1 September 2023 and the remainder of the team **MUST** be between 17 years and over, and 28 years of age or under on 1 September 2023. All competitors must be full members of a Club based in Wales and affiliated to Wales YFC or NFYFC. You cannot compete for more than one club and county in one membership year. **COACHES AND TRAINERS:** Only one Coach is permitted with each team during pulling. Only one Trainer or "Water Carrier" is permitted with each team. During pulling the Trainer shall take up position well clear of both teams and is not permitted to address any remark to them during actual pulling. Neither the Coach nor Trainer need comply with other rules of eligibility. **WEIGHING IN PROCEDURE:** Ladies Weight – 560kg. The competitors will be stamped or marked on a limb in a position easily seen by the Judge, but not easily erased by the rope or competitors clothing. **SUBSTITUTION:** After a team has pulled the first end of the first match, the team is able to use a substitution. A substitute may replace any one puller for the remainder of the competition (Age restriction of team still applies). Substitution may be used for tactical reasons or due to injury. Any potential substitutes must (unless otherwise instructed by competition organisers) have been signed in and had their membership card checked prior to pulling in the competition. At the time of substitution; both, the puller to be replaced and the substitute, must report in full pulling outfit, (shirts, shorts, stockings and footwear) to the Chief Judge/Chief Steward who may designate an official to deal with the substitutes. A small (bathroom type) scale must be available at the pulling area, (in a suitable place, on solid surface), to determine the weight difference between the two pullers. The substitute puller must be of equal weight or less than the puller he/she replaces. Directly after the change, the Chief Judge or designated official

RULES FOR THE 2024 RALLY TO BE HELD ON SATURDAY 1<sup>ST</sup> JUNE  
HOSTED BY TROEDRHIWDALAR YFC

shall cancel the stamp or marking of the replaced puller, and indicate a similar marking on the substitute, with an indelible marker. This change shall then be recorded. **NOTES:** The 2024 NFYFC Tug-of-War Rules shall apply as set by the ToWA. Members to wear the same colour shirt / jerseys. Designated coaches to wear bibs supplied by YFC. Competitors' boots or shoes must not be 'faked' in any way, i.e. the sole, heel and side of the heel shall be perfectly flush. No metal toecaps or metal toe plates are permitted. Metal heel tips that are flush on the side and the bottom of the heel are permitted. The judge(s) has / have the power and responsibility to disqualify a team or teams after a caution or disqualify without caution for any offence against the rules. Both sections will be run on a league basis if time allows otherwise, they will be run on a knockout basis.

**(No restriction on number of entries allowed per Club)  
(For Royal Welsh Show 22<sup>nd</sup> – 25<sup>th</sup> July 2024)**

**4. JUNIOR TOW**

**TEAM:** A team shall consist of between 7 and 10 pulling members, male or female, who must be between 12 years and 17 years of age on the 1<sup>st</sup> of September 2023. This means competitors MUST have attained their 12<sup>th</sup> birthday on the 1<sup>st</sup> of September 2023 and may be 18 on the day of the competition. **DRESS AT WEIGH IN:** Males - may weigh-in in proper sized non-transparent shorts only. Female – may weigh-in in proper sized non transparent shorts and shirts or suitable sports tops only. Boots need not be carried or worn on the scale during weigh in. **NOTES:** The 2024 NFYFC tug-of-War rules shall apply as set by the TOWA. The members of the team will be weighed as one and will not exceed: - 560kg GENSB Rules. 'Lining up women in the team will give a bonus of 10kg for each on the weight allowance, limited to a maximum team weight of 600kg'. Members to wear the same colour shirt/jerseys. Competitors' boots or shoes must not be 'faked' in any way, i.e. the sole, heel and side of the heel shall be perfectly flush. No metal toecaps or metal toe plates are permitted. Metal heel tips that are flush on the side and the bottom of the heel are permitted. The Judge(s) has/have the power and responsibility to disqualify a team or teams after a caution or disqualify without caution for any offence against the rules.

**COACHES AND TRAINERS:** Only one Coach is permitted with each team during pulling, who will be asked to wear a bib provided by YFC. Only one Trainer or "Water Carrier" is permitted with each team. During pulling the Trainer shall take up position well clear of both teams and is not permitted to address any remark to them during the actual pulling.