



7 A SIDE RUGBY

Sunday 5th May 2024

VENUE: Brecon Leisure Centre

(Entry Date: Monday 15th April 2024)

Entry Date: 15/04/2024
Last Amended: 14/03/2024
Withdrawal by: 29/04/2024

Mary Phillips Sports Trophy: Points will be recorded as follows: For team or individual - 4 points for 1st place; 3 points for 2nd; 2 points for 3rd and 1 point for participation.

John Davies, Tyclyd, Beulah - Sports Trophy 18 years of age or under: Points will be recorded as follows: For team or individual - 4 points for 1st place; 3 points for 2nd; 2 points for 3rd and 1 point for participation.

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- **PUNCTUALITY-** Please ensure that your competitors report on time for the competitions. No competition will be held up for late competitors.
 - Competitors to report half an hour before the commencement of their respective competition for a Draw to be made.
 - Play to commence promptly in each of the competitions.
 - 2 Teams can be entered per sport competition, please be mindful of clashing Competitions if entering in more than one sport.

Once a team signs in to play any sport and play begins, that original team must remain the same throughout the competition. Guests must be a YFC member from another club within the Federation and not played/competed in the same competition on the day/evening. If clubs have one guest then points are given to the entered club. If clubs have more than one guest then the position points are split between both clubs.

Three or more clubs can form a team but will compete for fun, i.e. no points will be awarded. The Winning team, with or without guests, will go forward and represent the county.

The game shall be played in accordance with the laws of the IRB

ELIGIBILITY

A squad of 10 male members, all of whom must be 28 years of age or under on the 1st of September 2023. All players must be 18 years of age on 5th May 2024, to be eligible to play. A squad of 10 players, from whom 7 will be chosen to form the team for each game. A team can substitute or replace up to 3 players during a game.


PROCEDURE

A draw will be made on the day. All games will be played on a knockout basis.

Duration of play will be 7 minutes each way in the eliminating rounds with two-minute interval.

The final will be 10 minutes each way with a two-minute interval.

In all games, if the scores are level at full time, then extra time will be played. Such extra time will be in periods of five minutes when teams will change ends without an interval. Before commencement of extra time the captains shall toss for the right to kick off or the choice of ends. In extra time the team which scores first will immediately be declared the winner without further play.



All competitors will be suitably dress, i.e., shorts, socks, and boots. Referee to check all boots to confirm with the regulations of the Welsh Rugby Union.

A player who is 'sent off' by the referee shall take no further part in the competition.

The referee shall be the sole arbiter on points of dispute.

If any member is believed to be under the influence of alcohol, stewards will have the authority to refuse the member from competing.

The Referee's decision is final.

(Eliminator for Royal Welsh Show, 22nd - 25th July 2024)

Entries to be submitted online by Monday 15th April 2024.

WITHDRAWAL FROM COMPETITIONS

Clubs/ Members are asked to notify the YFC Office of any withdrawals 5 days prior to a Competition. **PLEASE NOTE: All withdrawals from Club secretaries/Members must be made by email or by telephoning the YFC Office. If telephoning out of office hours, then a message should be left on the YFC Mobile phone.**

Please Note: That only members with up-to-date membership cards and are on the database in the YFC Office are eligible to compete. Any new members forms and **must** be attached to the Entry Form when returned by clubs. Members must apply online at least 5 Days before the competition.

PLEASE NOTE: If a member does not produce an up-to-date membership card at the competition, it will result in a £5.00 fine. The fine will be refundable only if they provide confirmation of membership within 7 days of the Competition.

General Rules apply to all competitions alongside the competition's rules.