



## MIXED BASKETBALL

14<sup>th</sup> May 2023

VENUE: Brecon Leisure Centre

(Entry Date: Monday 17<sup>th</sup> April 2023)



Entry Date: 17/04/2023  
Last Amended: 17/03/2023  
Withdrawal by: 08/05/2023

**Mary Phillips Sports Trophy:** Points will be recorded as follows: For team or individual - 4 points for 1<sup>st</sup> place; 3 points for 2<sup>nd</sup>; 2 points for 3<sup>rd</sup> and 1 point for participation.

**John Davies, Tyclyd, Beulah - Sports Trophy 18 years of age or under:** Points will be recorded as follows: For team or individual - 4 points for 1<sup>st</sup> place; 3 points for 2<sup>nd</sup>; 2 points for 3<sup>rd</sup> and 1 point for participation.

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- **PUNCTUALITY**- Please ensure that your competitors report on time for the competitions. No competition will be held up for late competitors.
  - Competitors to report half an hour before the commencement of their respective competition for a Draw to be made.
  - Play to commence promptly in each of the competitions.
  - 2 Teams can be entered per sport competition, please be mindful of clashing Competitions if entering in more than one sport.
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Once a team signs in to play any sport and play begins, that original team must remain the same throughout the competition. Guests must be a YFC member from another club within the Federation and not played/competed in the same competition on the day/evening. If clubs have one guest then points are given to the entered club. If clubs have more than one guest then the position points are split between both clubs.

Three or more clubs can form a team but will compete for fun, i.e. no points will be awarded. The Winning team, with or without guests, will go forward and represent the county.

### **ELIGIBILITY**

A squad of ten (10) players, who must be 13 years of age on the 1<sup>st</sup> of September 2022 and 16 years of age on the 31<sup>st</sup> August 2023 (they must not have attained their 17<sup>th</sup> Birthday). From whom five players (with a minimum of two male and two female competitors per team at any one time) are allowed on the court during play.

### **PROCEDURE**

**Aim of the Game** - Basketball is played by two teams who score points by throwing a ball into the opposing team's basket.

Players can move the ball around the court by passing tapping, throwing, rolling, or dribbling. The team who scores the most points are the winners.

**Teams** - each team has a squad of ten players to choose from.

Five of those players are allowed on the court at any time.

**Referees and Officials** - the main officials include one referee and one umpire.



The court is divided between them, and they swap places after each foul involving a free throw penalty, and also after each jump ball decision.



They use whistles and hand signals to make and explain their decisions.

**Starting the Game** - each game begins with a jump ball.

The referee throws the ball into the air in the centre circle and two opposing players leap up and try to tap it away.

Each player is allowed two taps before the ball hits the ground, a basket, a backboard, or another player.

**Duration** - The game consists of two halves of 10 minutes each. For the NFYFC final the game shall consist of two halves of 10 minutes each.

There is a two-minute interval between the first and second period, and between the third and fourth period.

There is a 15-minute break at half-time.

If the game is tied after the fourth period, the game is continued with an extra period of five minutes. Or with as many periods of five minutes as are necessary to break the tie.

Entries to be submitted online by Monday 17<sup>th</sup> April 2023. **NO LATE ENTRY FORMS WILL BE ACCEPTED UNDER ANY CIRCUMSTANCES.**

**WITHDRAWAL FROM COMPETITIONS**

Clubs/ Members are asked to notify the YFC Office of any withdrawals 5 days prior to a Competition. **PLEASE NOTE: All withdrawals from Club secretaries/Members must be made by email or by telephoning the YFC Office. If telephoning out of office hours, then a message should be left on the YFC Mobile phone.**

**Please Note:** That only members with up-to-date membership cards and are on the database in the YFC Office are eligible to compete. Members must apply online at least 5 Days before the competition.

**PLEASE NOTE:** If a member does not produce an up-to-date membership card at the competition, it will result in a £5.00 fine. The fine will be refundable only if they provide confirmation of membership within 7 days of the Competition.

**General Rules apply to all competitions alongside the competition's rules.**