

SPORTS DAY

Sunday 10th May 2020

VENUE: TO BE CONFIRMED

(Entry Date: Monday 13th April 2020)

Entry Date: 13/04/2020
Winter Marks: N/A
Last Amended: 11/12/2019
Withdrawal by: 05/05/2020

Mary Phillips Sports Trophy: Points will be recorded as follows: For team or individual - 4 points for 1st place; 3 points for 2nd; 2 points for 3rd and 1 point for participation.

John Davies, Tyclyd, Beulah - Sports Trophy 18 years of age or under: Points will be recorded as follows: For team or individual - 4 points for 1st place; 3 points for 2nd; 2 points for 3rd and 1 point for participation.

- **PUNCTUALITY** - please ensure that your competitors report on time for the competitions. No competition will be held up for late competitors.
- Competitors to report half an hour before the commencement of their respective competition for a Draw to be made.
- Play to commence promptly in each of the competitions.

Once a team signs in to play any sport and play begins, that original team must remain the same throughout the competition. Clubs are allowed one guest per team. Guest must be YFC member from another club within the Federation and not played in another competition on the day/evening. If clubs have more than one guest then the points are split or the combined team play for fun and no points are awarded. For mixed competitions, if teams have too many girls or not enough boys then teams are allowed to play at a disadvantage only

7 ASIDE RUGBY

The games shall be played in accordance with the laws of the IRB.

ELIGIBILITY

Only one team allowed per club.

A squad of 10 male members, all of whom must be 18-26 years of age by the day of the competition - Sunday 10th May 2019. 7 players shall be chosen to form the team for each game. A team can substitute or replace up to 3 players during a game.

PROCEDURE

A draw will be made on the evening. All games will be played on a knockout basis.

Duration of play will be 7 minutes each way in the eliminating rounds with a two minute interval.

The final will be 10 minutes each way with a two minute interval.

In all games, if the scores are level at full time, then extra time will be played. Such extra time will be in periods of five minutes when teams will change ends without an interval. Before commencement of extra time the captains shall toss for the right to kick off or the choice of ends. In extra time the team which scores first will immediately be declared the winner without further play.

All competitors will be suitably dressed, i.e. shorts, socks and boots. Referee will check that all boots conform with the regulations of the Welsh Rugby Union.

A player who is 'sent off' by the referee shall take no further part in the competition. The referee shall be the sole arbiter on points of dispute.

If any member is believed to be under the influence of alcohol, stewards will have the authority to refuse the member from competing.

The Referee's decision is final.

(Rules as for Wales YFC Eliminator, 2020 Royal Welsh Show, 20th-23rd July -

PLEASE NOTE: ALL MEMBERS MUST BE SIGNED UP BY THE COUNTY SPORTS DAY ON 10TH MAY 2020 TO BE ELIGIBLE TO COMPETE AT THE ROYAL WELSH SHOW)

Entries to be submitted online by Monday 13th April 2020. NO LATE ENTRY FORMS WILL BE ACCEPTED UNDER ANY CIRCUMSTANCES.

WITHDRAWAL FROM COMPETITIONS

Clubs/Members are asked to notify the YFC Office of any withdrawals 5 days prior to a Competition. **PLEASE NOTE: All withdrawals from Club Secretaries/Members must be made by email or by telephoning the YFC Office. If telephoning out of office hours then a message should be left on the answer phone.**

FOR COMPETITORS/TEAMS WHO DO NOT TURN UP FOR A COMPETITION ON THE DAY, THE COUNTY OFFICIALS WILL MAKE THE DECISION WHETHER TO DEDUCT THE 5 POINTS OR NOT, DEPENDING ON CIRCUMSTANCES.

Please Note: "That only members with up-to-date plastic membership cards and are on the database in the YFC Office are eligible to compete. Any new members forms and photos must be attached to the Entry Form when returned by clubs."

PLEASE NOTE: If a member does not produce an up-to-date membership card at the competition, it will result in a £5.00 fine. The fine will be refundable only if they provide confirmation of membership within 7 days of the Competition. If they have not yet joined, they will have 7 days to send a form and photograph to the YFC Office.