

SPORTS DAY

Sunday 10th May 2020

VENUE: TO BE CONFIRMED

(Entry Date: Monday 13th April 2020)

Entry Date: 13/04/2020
Winter Marks: N/A
Last Amended: 11/12/2019
Withdrawal by: 05/05/2020

Mary Phillips Sports Trophy: Points will be recorded as follows: For team or individual - 4 points for 1st place; 3 points for 2nd; 2 points for 3rd and 1 point for participation.

John Davies, Tyclyd, Beulah - Sports Trophy 18 years of age or under: Points will be recorded as follows: For team or individual - 4 points for 1st place; 3 points for 2nd; 2 points for 3rd and 1 point for participation.

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- **PUNCTUALITY** - please ensure that your competitors report on time for the competitions. No competition will be held up for late competitors.
 - Competitors to report half an hour before the commencement of their respective competition for a Draw to be made.
 - Play to commence promptly in each of the competitions.
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Once a team signs in to play any sport and play begins, that original team must remain the same throughout the competition. Clubs are allowed one guest per team. Guest must be YFC member from another club within the Federation and not played in another competition on the day/evening. If clubs have more than one guest then the points are split or the combined team play for fun and no points are awarded. For mixed competitions, if teams have too many girls or not enough boys then teams are allowed to play at a disadvantage only

MIXED 7 ASIDE HOCKEY

ELIGIBILITY

Only one team allowed per club.

A squad of 10 players, from whom 7 players will be chosen to be on the pitch at any one time, which must include a minimum of 3 girls on the pitch at any one time. All players must be aged 16 years and over and 26 years and under on 1st September 2019 (this age range must be adhered to). This means competitors must have attained their 16th birthday on 1st September 2019 but may be 27 on the day of the competition.

PROCEDURE

The Rules of the game of In2Hockey will apply. 7 Aside Guidelines & Rules can be obtained from: www.Englandhockey.co.uk/in2hockey.

A half size all weather pitch will be used.

The matches will be played in two leagues with the winner of each league playing for 1st and 2nd place, or as a round robin tournament depending on the number of teams taking part.

League points will be awarded as follows:-

Win	3
Score Draw	2
No Score Draw	1
Lose	Nil

During the game rolling substitutions will be allowed from your squad.

All competitors must be suitably dressed, i.e. astro boots, socks, shorts and shirts and the goalkeeper must wear the full goalkeeper kit, including face-mask and shin-pads, as specified by HA Rules. All teams to provide their kits and goalkeeping kit.

In the event of the points being tied after all the games have been played, the order will be decided using the greatest positive goal difference. If the points are still the same then the order will be decided by the highest goals for, followed by the lowest against and the results of the game between the two tied teams.

The Final and Semi-Finals will consist of two halves of twelve minutes each way with a one-minute interval for half time. In the event of the scores being equal at full time, a further five minutes one way will be played. If the points are still equal after extra time a penalty shoot-out will take place with three nominated members from each team taking part. If the scores are still tied, then a sudden death penalty shoot-out will decide the winner.

TIMINGS

Each game will be played seven minutes each way, with a one minute interval.

The Umpires' decision is final.

(Rules as for Wales YFC Eliminator, 2020 Wales YFC Sports Day, Sunday 28th June, Aberystwyth)

Entries to be submitted online by Monday 13th April 2020. NO LATE ENTRY FORMS WILL BE ACCEPTED UNDER ANY CIRCUMSTANCES.

WITHDRAWAL FROM COMPETITIONS

Clubs/Members are asked to notify the YFC Office of any withdrawals 5 days prior to a Competition. **PLEASE NOTE: All withdrawals from Club Secretaries/Members must be made by email or by telephoning the YFC Office. If telephoning out of office hours then a message should be left on the answer phone.**

FOR COMPETITORS/TEAMS WHO DO NOT TURN UP FOR A COMPETITION ON THE DAY, THE COUNTY OFFICIALS WILL MAKE THE DECISION WHETHER TO DEDUCT THE 5 POINTS OR NOT, DEPENDING ON CIRCUMSTANCES.

Please Note: "That only members with up-to-date plastic membership cards and are on the database in the YFC Office are eligible to compete. Any new members forms and photos must be attached to the Entry Form when returned by clubs."

PLEASE NOTE: If a member does not produce an up-to-date membership card at the competition, it will result in a £5.00 fine. The fine will be refundable only if they provide confirmation of membership within 7 days of the Competition. If they have not yet joined, they will have 7 days to send a form and photograph to the YFC Office.